

Title:	SPORT MEDICINE
Lecture hours:	30h theoretical
Study period: (summer/winter)	winter
Number of credits:	4 ECTS
Assessment methods:	theoretical and practical exam,
Language of instruction:	English
Prerequisites:	Knowledge about basic of human anatomy, basics of rehabilitation and supplementation,
Course content:	<ol style="list-style-type: none"> 1) History of sport medicine 2) Pharmacology and sports medicine terminology 3) Athletic injuries <ol style="list-style-type: none"> a) Concussion b) Muscle Cramps c) ACL Sprains d) Ankle Sprain e) Shin Splints 4) Preventing and Caring for Sports Related Injuries 5) Kinesiology in sport medicine 6) Public Health 7) Doping in sport : banned performance-enhancing drugs in sport 8) Anti-Doping organizations and legislation
Learning outcomes:	<p>A student passing this module should:</p> <ul style="list-style-type: none"> ○ possess knowledge of the treatment of typical sport related injuries, ○ possess knowledge of the prevention of typical sport related injuries, ○ explain the influence of banned performance-enhancing drugs on human health.
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<ol style="list-style-type: none"> 1. Literature: 2. 3. 	<ol style="list-style-type: none"> 1. http://www.ncbi.nlm.nih.gov/ 2. http://emedicine.medscape.com/sports_medicine 3. De Conde, C. (1990). The CATA - A Historical Perspective. The Journal of the Canadian Athletic Therapists' Association, 6-10. 4. Minigh, Jennifer L. – Sports medicine / Jennifer L. Minigh. – Westport, Conn. : Greenwood Press, 2007. – 251 p. 5. Peterson, Lars. – Sports injuries : their prevention and treatment / Lars Peterson and Per Renström. – London : Martin Dunitz, 1994. – 488 p. 6. Stoller, David W. – Magnetic resonance imaging in orthopaedics & sports medicine / David W. Stoller ; with 28 contributors. – 3rd ed. – Baltimore, MD : Lippincott Williams & Wilkin, 2007. – 2 vol. 7. Surgical techniques in sports medicine / [edited by] Neal S. Elattrache... [et al.]. – 1st ed. – Baltimore : Lippincott Williams & Wilkins, c2007. – 694 p. 8. Combat sports medicine / ed. Ramin Kordi ... [et al.]. – London : Springer, 2009. – 359 p. 9. Sports medicine and athletic training : patient education manual / Aspen Reference Group/Health and Science ; ed. Simon Weavers, Loretta B. Haugt. – Gaithersburg MA : Aspen, 1999. 10. Yesalis CE, Anderson WA, Buckley WE, Wright JE (1990). "Incidence of the nonmedical use of anabolic-androgenic steroids" 11. Mottram, David (2005); Drugs in Sport, Routledge.