

Title:	Relationship and Contract in Psychotherapy
Lecture hours:	15
Study period: (summer/winter)	Summer
Number of credits:	4
Assessment methods:	Oral or written exam in the area of course contents.
Language of instruction:	English
Prerequisites:	English B1, interest in the subject
Course content:	<ul style="list-style-type: none"> • Basis of psychotherapy models • Techniques and tools in building relation with the clients • Basic rules of psychotherapeutic contract • Ethics in psychotherapy • Practical aspects of psychotherapeutic work
Learning outcomes:	<p>Student has basic knowledge about mental health and its disorders, selected methods of diagnosis and design psychological intervention in the context of theoretical models of psychotherapy.</p> <p>Student is able to apply theoretical knowledge about psychotherapy structures into practice.</p> <p>Student demonstrates an ethical attitude in diagnostic and psychotherapeutic practice.</p>
Name of lecturer:	Magdalena Miotk-Mrozowska PhD.
Contact (email address):	mmiotk@ukw.edu.pl
Literature:	<p>Finlay, L. (2015). Relational Integrative Psychotherapy: Engaging Process and Theory in Practice. Wiley-Blacwell.</p> <p>McGoldrick, M., Randy, G., Sueli, P. (2008). Genograms: Assessment and Intervention. New York: W.W. Norton&Company, Inc.</p> <p>Moursund, J.P. and Erskine, R.G. (2004). Integrative Psychotherapy: the Art and Science of Relationship. Victoria, Australia: Thomson/Brooks Cole.</p>