

Title:	Psychology of ageing
Lecture hours:	30
Study period: (summer/winter)	Winter or summer
Number of credits:	4
Assessment methods:	Presentation (designing an exercise), discussions and participation in problem solving processes.
Language of instruction:	English
Prerequisites:	Interest in global silver revolution and ageing itself
<ul style="list-style-type: none"> Course content: 	<ul style="list-style-type: none"> • Basic understanding of the theories of aging • Deepening awareness of dementia (Alzheimer disease) • Developing knowledge of the policies and services instituted at local, state, national and transnational (EU) levels to address the needs of ageing population • Understanding gerontological issues in searching for the better quality of ageing
Learning outcomes:	<p>Students will identify and develop understanding of basic biological, psychological and social features of ageing. to provide foundational knowledge regarding. They will discuss how age-related changes in individual functioning influence the quality of life.</p> <p>The course presents global challenges like ageism in health care and social aid sectors, social and individual costs of dementia and Alzheimer disease. Students are to explore how to address the needs of an ageing person in different countries.</p>
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Literature:	<p>E-materials from Ebsco</p> <p>Błachnio, A., Maliszewski, W. (2014). Active Ageing in a Global Culture. Do We Live in an Age-friendly Environment? <i>Kultura i Edukacja</i>, 5 (105), 24-35.</p> <p>Błachnio, A. (2013). Subjective perception of the life-course in old age and in youth. <i>Polish Journal of Social Science</i>, 7, 103-111.</p> <p>Błachnio, A., Buliński, L. (2013), Prejudices and elderly patients' personality - the problem of quality of care and quality of life in geriatric medicine, <i>Medical Science Monitor</i>, 19, 674-680.</p>