

Title:	Sport psychology
Lecture hours:	15
Study period: (summer/winter)	Winter or summer
Number of credits:	4 ECTS
Assessment methods:	discussion, presentation, mini-study
Language of instruction:	English
Prerequisites:	English B1, interest in the subject
Course content:	<ul style="list-style-type: none"> - Psychological processes in the sports activity - Sports Psychology and Health - Psychology in young talent development - Intervention in Sports Psychology (case studies)
Learning outcomes:	
Name of lecturer:	Kanupriya Rawat
Email address:	Kanupriyarawat96@gmail.com