

<b>Title:</b>	<b>Prenatal and Perinatal Psychology – From Theory to Practice</b>
<b>Lecture hours:</b>	15
<b>Study period: (summer/winter)</b>	Summer
<b>Number of credits:</b>	4
<b>Assessment methods:</b>	Oral or written exam in the area of course contents
<b>Language of instruction:</b>	English
<b>Prerequisites:</b>	English B1, interest in the subject
<ul style="list-style-type: none"> <li><b>Course content:</b></li> </ul>	<ul style="list-style-type: none"> <li>Pre- and perinatal psychology as a field of theoretical psychology (subject and definitions of reproductive psychology, reproductive psychology and other related fields of psychology, normative vs clinical approach in reproductive psychology, bio-psycho-social model of procreation)</li> <li>Psychological aspects of family functioning in the prenatal, perinatal and postnatal periods (pregnancy and childbirth from women's and men's perspectives, areas of psychological changes, psychosocial determinants of functioning during pregnancy and birth, loss of pregnancy and other procreational failures)</li> <li>Basis of theoretical and applied research in the area of procreation psychology (principles and research methods used in procreation psychology)</li> <li>Selected forms of psychological help in the field of reproductive psychology (psychoeducation, psychological counseling, crisis intervention, psychotherapy)</li> </ul>
<b>Learning outcomes:</b>	<p>Student has basic knowledge of selected methods and description tools in the case of psychological problems associated with procreation processes, as well as planning and conducting empirical research in this problem area.</p> <p>Student knows the basic ethical and legal principles of scientific research and the basis of professional psychological practice in context of reproductive processes.</p> <p>Student is able to adapt the recommendations and prohibitions of psychological ethics into practice and scientific research in the field of psychology of procreation.</p> <p>Student is able to use some psychological techniques to build the contact with the subjects and communicate in a way understandable to clients.</p> <p>Student demonstrates an ethical attitude in diagnostic and support proceedings in the area of procreation psychology.</p> <p>Student is aware of necessity of own long-term working on scientific and practical backgrounds of his/her psychological work.</p>
<b>Name of lecturer:</b>	Magdalena Miotk-Mrozowska PhD
<b>Contact (email address):</b>	mmiotk@ukw.edu.pl
<b>Literature:</b>	<p>Raphael-Leff, J. (2012). Psychological Processes of Childbearing. Great Britain: Anna Freud Centre.</p> <p>Raphael-Leff, J. (2001). Spilt Milk: Perinatal Loss and Breakdown. Psychoanalytic Ideas. Great Britain: Routledge.</p>